

ABOUT WHITSONS

We are thrilled to share that Arbor Management Inc. is now part of the Whitsons Culinary Group Family of Companies! At Whitsons, we believe every meal should be a celebration of real ingredients and authentic flavors. That's why our meals are thoughtfully crafted using traditional scratch-cooking methods that honor the essence of fresh, wholesome food.

Our commitment to providing high-quality, innovative, and culturally appropriate meals reflects our desire to serve the same kinds of meals to our customers that we would prepare for our own families. We are excited to offer a comprehensive school dining program at District 45 that meets National School Lunch and Breakfast Program requirements while fostering a positive attitude toward healthy eating among students.

School Menus

Healthy meals are essential to a well-rounded educational experience, nourishing both the body and mind. We provide age-appropriate lunch options at every grade level, offering an increasing variety as students grow and learn to make healthy choices on their own.

You can explore our interactive menus online at www.fdmealplanner.com, where you'll find nutritional and allergen information to help you plan your child's school meals. For added convenience, download the FD Meal Planner app on your smartphone.

Whitsons offers a diverse array of meal choices and smart snack options that comply with NSLBP, HHFKA, and state nutrition guidelines, all analyzed and approved by a Registered Dietitian. We work closely with parents, students, and school nurses to accommodate dietary requirements for students with food allergies and special diets.

Real Meals™

Our Real Meals™ by Whitsons are freshly made with wholesome ingredients, fueling students across the country. Through our interactive healthy eating program, we inspire students to appreciate the benefits of balanced nutrition and exercise for their growing bodies and minds. Our mission is to cultivate positive self-esteem and healthy eating habits, promoting a lifelong commitment to wellness.

At elementary schools, our award-winning Nutrition Safari® program introduces younger students to engaging safari characters, teaching them how to make healthy choices from each food group for a balanced diet.

For secondary schools, we offer monthly Flaves and special Pop-up Shops featuring trendy menu items and wellness activities to engage older students. Our investment in professional signage and merchandising creates a food court-style atmosphere, making nutritious meals enticing and enjoyable.

Contact Us

We welcome your suggestions for the school nutrition program! Please reach out to Whitsons' General Manager, Kim Pankowski pankowskik@whitsons.com We are dedicated to serving you and your children's needs, and we look forward to being an integral part of your community for many years to come!

