

# SCHOOL & FAMILY ENGAGEMENT: ENDING THE SILENCE PRESENTATION

We are in an extraordinary time, and the impact of the pandemic is very real. Join us to talk about mental health, anxiety, and equity issues with our local professionals from NAMI, DuPage County, and in collaboration with School Districts 4, 45, 48, and 88.

**FEBRUARY 9, 2022**  
**7:00 PM**

ZOOM LINK:  
[HTTPS://DUPAGE88-  
NET.ZOOM.US/J/81105137584](https://dupage88-net.zoom.us/j/81105137584)

MEETING ID: 811 0513 7584  
ONE TAP MOBILE  
+13126266799,,81105137584# US  
(CHICAGO)

SPANISH TRANSLATION IS AVAILABLE

## Our Awesome Speakers:



**ALICIA CARLISLE-CAMACHO**

NAMI, DuPage County  
Youth Program  
Coordinator



**ERIC METCALF**

NAMI, DuPage County  
Director of Peer Support  
services



**KAREN ROSENBERG**

NAMI, DuPage County  
Youth Program Assistant



## TOPICS COVERED:

- \*Defining mental health, anxiety, and issues of equity,
- \*Identifying warning signs and symptoms,
- \*The importance of creating an alliance with the school staff (teachers, admin, and support staff),
- \*Discuss the different ways stressors effect children and the disproportionate effects of the pandemic, and
- \*Understanding long COVID

